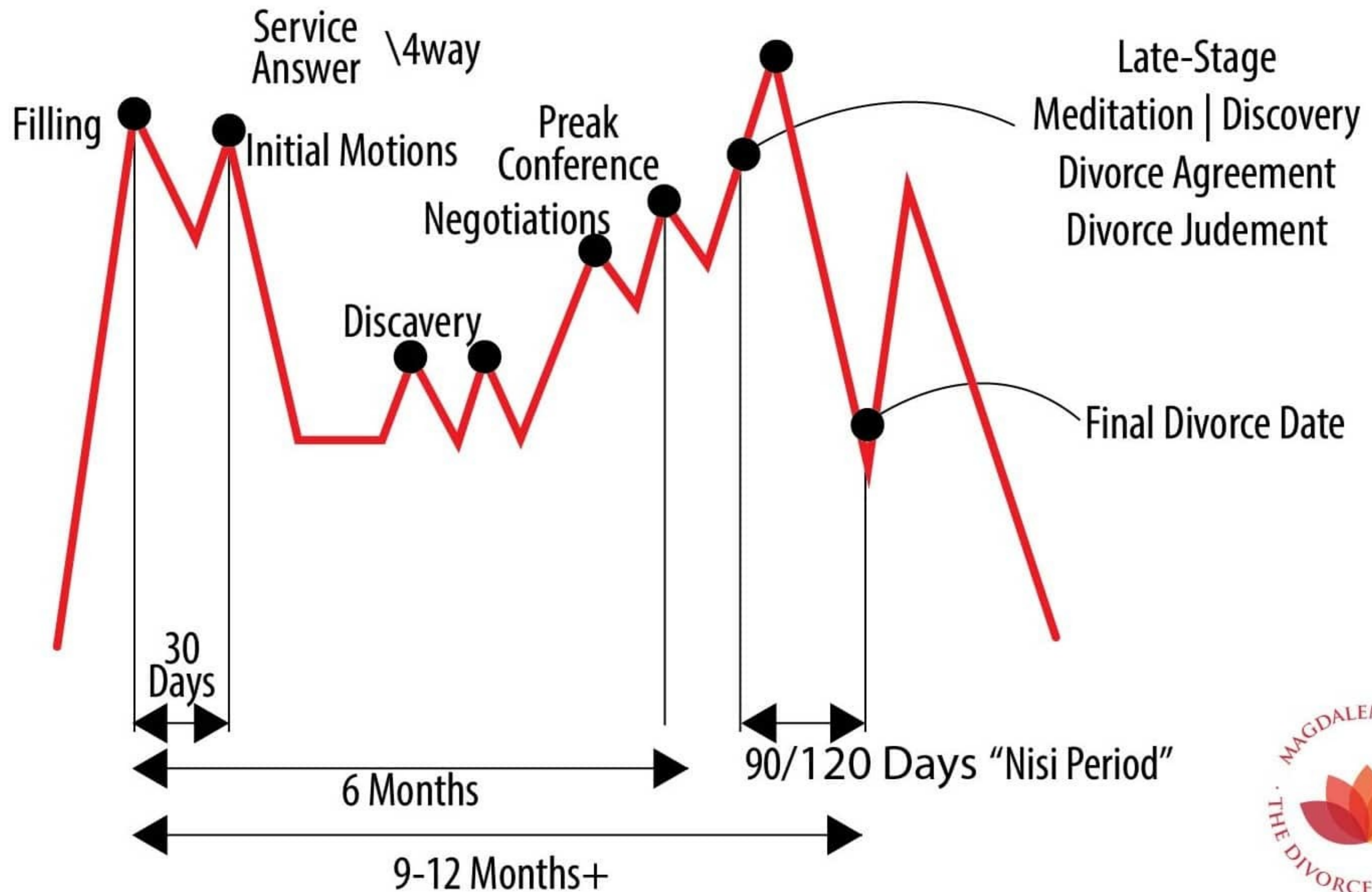


# LEGAL STAGES OF DIVORCE





# SHOULD I STAY OR SHOULD I GO?

- IS THE SITUATION I AM IN CAUSING ME MORE PAIN THAN JOY?
- DOES THE SITUATION DISRUPT MY INNER PEACE?
- HAVE I STARTED BECOMING A RESENTFUL PERSON?
- DO I FEEL UNHEARD OR DISRESPECTED?
- IS THIS SITUATION KEEPING ME BACK FROM GROWING AND PURSUING MY CHERISHED GOALS IN THIS LIFETIME?
- DO I FEEL EXHAUSTED EMOTIONALLY, SPIRITUALLY, PHYSICALLY?
- HAVE I STOPPED HAVING FUN, STOPPED LAUGHING? LIFE IS TO BE ENJOYED!
- IS BEING IN THIS SITUATION ASKING ME TO COMPROMISE MY PERSONAL VALUES, MY VISION OR MY INTEGRITY?
- DOES THIS SITUATION DEMAND THAT I BE SOMEONE I AM NOT?



# HELPING YOU NAVIGATE THE DIVORCE ROLLER COASTER FROM PAIN TO GAIN

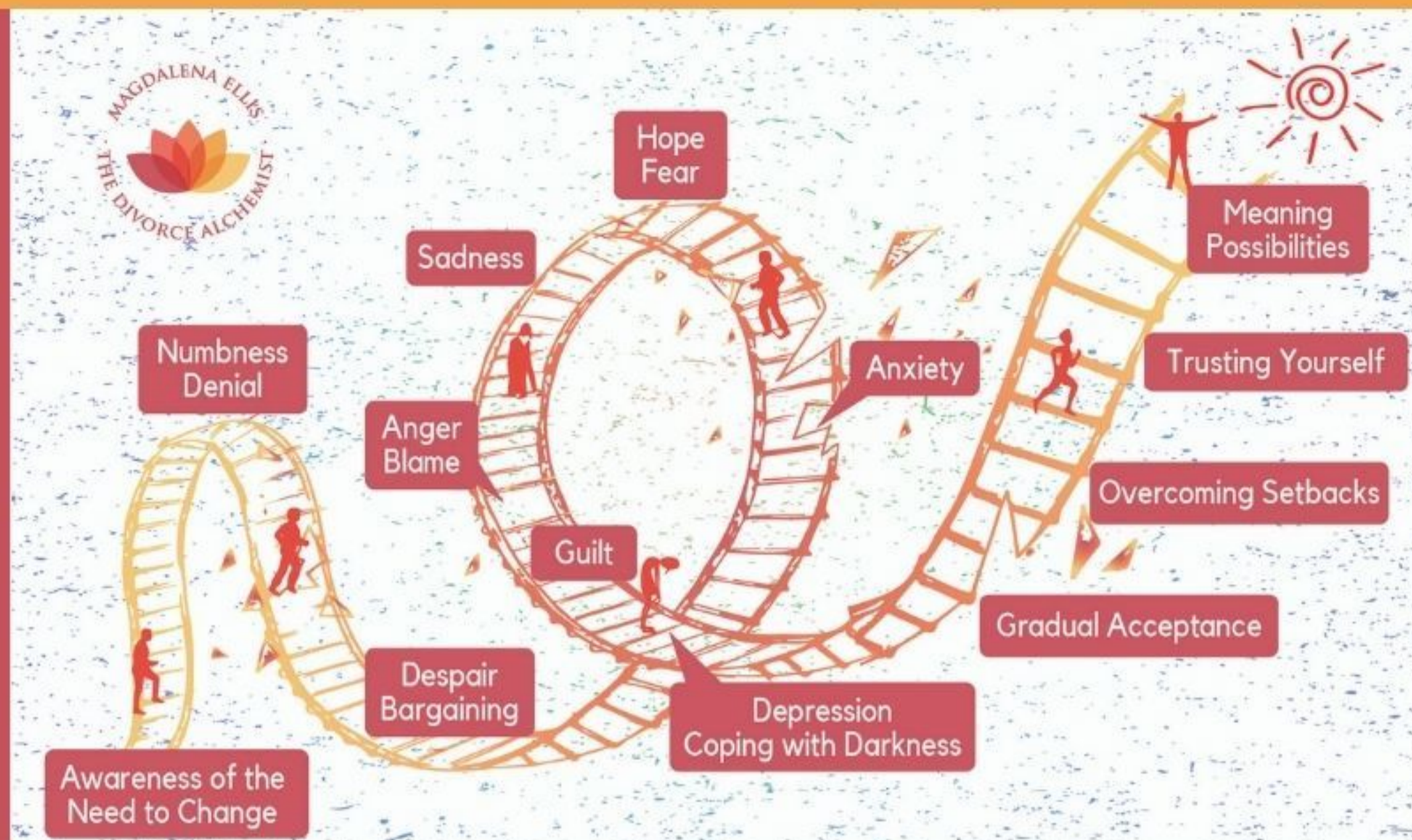


**MAGDALENA ELLIS**

ESQ., CPCC, ACC

**THE DIVORCE ALCHEMIST**

TRANSFORMING PAIN INTO GAIN



As The Divorce Alchemist, I help my clients transform their pain into their gain. I know that there is a new world that awaits the person in transition, one full of hope, happiness, and love. You may not be able to see the light at the end of the tunnel right now, but it is there, and I can help you find it. As a "divorce survivor" whose breakup was very messy, I know these truths:

- It is possible to transform "Pain" into "Gain"
- A traumatic divorce can evolve into a profoundly meaningful and joyful journey
- The "answer" to our emotional upheaval is found inside ourselves, not in other people
- Fierce marital combatants can become the best of allies
- Traveling the difficult road of divorce with an experienced, skilled, and supportive guide optimizes and accelerates the journey to renewal and rebirth

It takes vision, clarity, and deliberate creation to make the most out of a difficult situation.

*I offer monthly coaching packages starting at \$500. 3-month packages, longer-term packages, and hourly consultations are also available. Sessions take place via Zoom, phone, or in-person with unlimited support in-between sessions. Contact me to find out if we are right for each other.*

*Book a complimentary call by clicking the Calendly icon below.*

## PRAISE FROM A CLIENT

"I very much appreciate you being an important part of my transition team. Your expertise, compassion, optimism, guidance, encouragement...you've helped make this process understandable, bearable...a rebirth. Thank you." - M.R.

## BENEFITS OF COACHING

- Connection to your core values and your authentic self
- Peace of mind, calm, and clarity
- Emotional support and the feeling of finally being heard
- Improving your life choices and decision-making
- Understanding your legal options
- Self-acceptance, self-love and forgiveness

## MY BACKGROUND

My coaching practice is holistic and quite unique. As a certified life coach, a former divorce attorney, mediator, a divorcee, a mother, a child of divorce, a CPA & a forensic investigator, I bring a wealth of perspectives to the situation and can appreciate the roles and relationships involved on all sides of the transitional journey. In addition to working with individuals, I complement the work of other professionals such as financial advisors, attorneys, mediators, and therapists. Let's start a dialog and see where the journey takes us.

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# HELPING YOU NAVIGATE THE DIVORCE ROLLER COASTER FROM PAIN TO GAIN

